

# Dear Members, Friends, and Supporters,

For the past 20 years, the Faith Community Nurses (Parish Nurses) and Health Ministers of Health Ministries Network have provided holistic health care to members and friends of their communities of faith. These dedicated women and men serve their congregations by promoting healthy lifestyles, recognizing early signs of disease, and comforting those who are ill.

In this 2017 Annual Report, you will meet some of these dedicated people and see their contributions in terms of hours and dollars.

Health Ministries Network applauds the significant work of HMN nurses and health ministers who provide whole person health care that integrates mind-body-spirit wellness and healing. We believe that by linking congregations with community organizations and hospital resources, we achieve a higher standard of healthcare.

In collaboration with supporting partners: Chuckanut Health Foundation, PeaceHealth Community Fund, First Congregational Church of Bellingham, Christian Health Care Center, and the JBT Parish Nurse Education Fund, we continue to leverage resources that educate, prepare, and support the network of nurses and health ministers in our community.

Thank you for joining us in this work.

Health Ministries Network  
Board of Directors



# WHO WE ARE

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Health Ministries Network (HMN) is a Washington State 501(c)(3) Nonprofit Health Advocacy Corporation affiliated with Chuckanut Health Foundation, Bellingham WA.



Over 20 years HMN has grown to include 130+ Faith Community Nurses and Health Ministers who serve in 80+ congregations and community organizations that are mostly located in the Skagit, Whatcom, Islands and San Juan counties of Western Washington.

HMN is also affiliated with the national organization of Faith Community Nursing/Health Ministry through the Westberg Institute and the Church Health Center in Memphis Tennessee.

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*Faith Community Nursing is rooted ... in the historic practice of professional nursing, and is consistent with the basic assumptions of many faiths*

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Faith Community Nurses (FCNs), also known as Parish Nurses (PNs), are recognized by the American Nurses Association as a specialty professional nursing practice area.

Health Ministers (HMs) work with FCNs to serve those in need of support and a healing presence.

# WHAT WE DO

## *Faith Community Nurses and Health Ministers . . .*

. . . show the love of God through the promotion of mind-body-spirit wellness. These caring people provide services without charge to facilitate healing for individuals and groups in roles such as . . .



- **Health Advocate** who encourages healthy habits and diet choices, offers topical presentations and health related small group discussions.
- **Personal Health Counselor** who monitors blood pressures and consults with clients to understand their health care needs.
- **Advisor** who makes home visits, offers referrals to essential services, helps with medical equipment, and works with clients to prevent falls.
- **Spiritual Partner** who listens actively, supports spiritual needs and (with permission) prays with individuals and families.
- **Health Transition Services** help manage medications, observe for warning signs of worsening condition, accompany clients to follow-up appointments, and help clients maintain a health record

# FOUNDATIONAL

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FCNs and HMs complete a rigorous 38-hour Foundational Preparation Course by Westberg Institute. This program combines face-to-face interaction and on-line course work designed to prepare FCNs and HMs for holistic health advocacy in their congregations or organizations.

Congratulations to our Foundations Course Graduates  
November 4, 2016



Back row L to R:

Jane Phillips and Lisa Wochos, Lummi Island Congregational United Church of Christ, Lummi Island, WA; Becky Avery, Christ the Servant Lutheran, Bellingham; Becki Van Glubt, Beth Israel Synagogue, Bellingham; Glenda Machian, First Presbyterian, Bellingham; Patricia and Miguel Arteaga, Restoration Fellowship, Oak Harbor, WA;

Front Row L to R:

Rebecca Cutler, Unity Spiritual Center, Bellingham; Barb Cheyney, St. Paul's Episcopal, Mount Vernon, WA; Joyce Allen,

# EDUC

# CONTINUING

In 2017 Health Ministries Network provided a collective 243 hours of continuing education to 40 FCNs and HMs over the course of the following programs:

- Infection Prevention & Control  
Joni Hensley, RN-BC, BSN, CIC Public Health Nursing Supervisor
- Nurses as Patients  
Jeanne Brotherton, RN Med, BSN, FCN, Carol Ham, RN, FCN
- Resolving Interpersonal Conflicts  
Carol Nicolay, M.Ed., HMN Community Council Chair
- Community Building: Repairing Fractures of Trust  
Rev. Tessie Mandeville, HMN Program Coordinator
- Annual Education Retreat  
Health Ministries Network
- Early Onset and Diagnosis of Dementia  
Jan Higman, Leslie Jackson, Joni Hensley
- Reports from the 2017 Alzheimer's Conference  
Round Table Discussion from Alzheimer's conference participants
- Silverado, Combining Science and Social Engagement  
Senior Administrator, Laura Printy



Continuing education programs provide contact hours required by the Washington Nursing Board for renewal of professional licenses for registered nurses. Educational offerings are open to organizations aligned with our program and others with an interest in faith community nursing.

# ATION

# \_\_\_\_\_ SERVICE TO OU

*In 2017 HMN contributed...*

**\$786,870 and 22,482 hours**

*of service to the counties of Whatcom, Skagit, Island, and San Juan.*

*In 2016 HMN contributed...*

**\$704,809 and 18,023 hours**

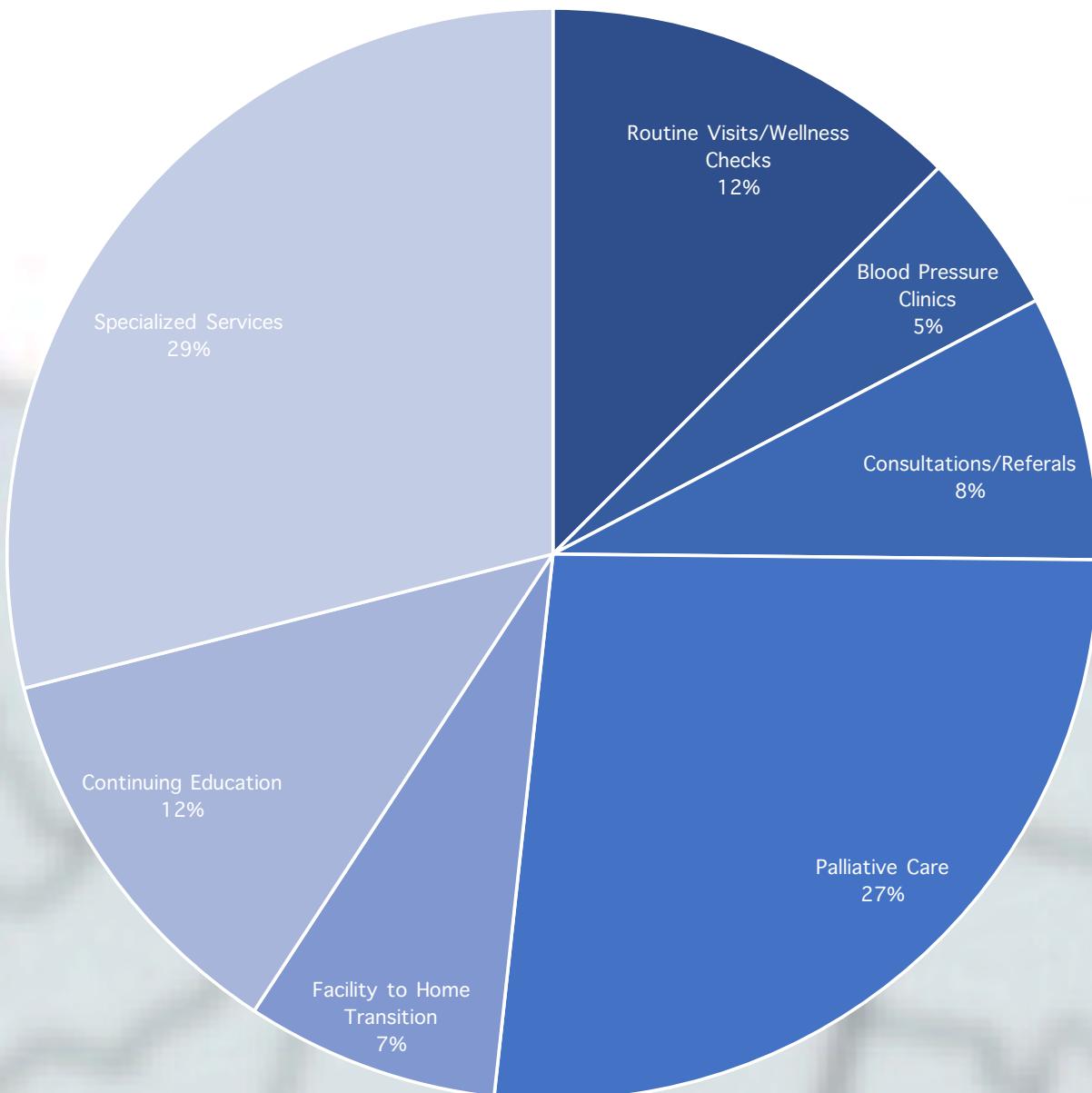
*How we determine our contribution . . .*

FCNs and HMs reported the number of hours in seven health ministry service categories.

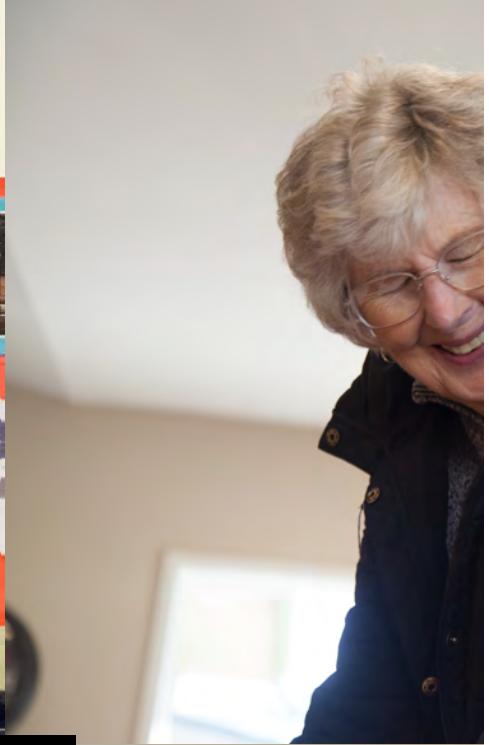
This categorized data is used to estimate the number of individual hours of service and ultimately, the Health Ministries Network total annual aggregate contribution.

# REGISTERED NURSE COMMUNITIES

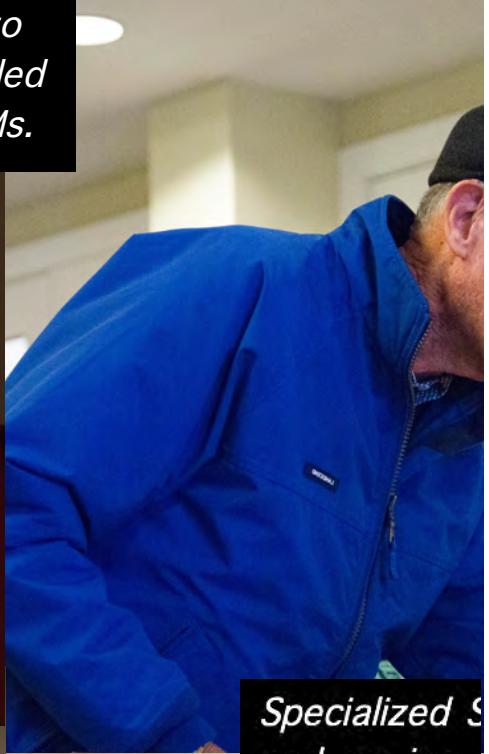
Health Ministries Network's Community Contribution by Category



\*based on a \$35 per hour rate for a registered nurse's time



*Our congregational clients have come to rely on the consultation services provided at no charge by the HMN FCNs and HMs.*



*Specialized S and sewing items made*





*HMN nurses and health ministers provide palliative care that includes spiritual support at the end-of life.*



*Services includes quilting, knitting of warm clothing and comfort under the direction of HMN FCNs.*

